

Pre-Conference Workshop
Wednesday, September 23, 2009
“SCI 101: A Psychosocial Perspective”

Overall Objective:

To provide a foundation of information and resources about the psychosocial needs and care of persons with spinal cord injuries and their families for professionals and students in training new to the SCI field.

Course Objectives:

- Provide a medical overview of SCI and secondary complications
- Discuss the adjustment process
- Discuss evaluation and assessment tools and procedures
- Discuss empirically supported psychosocial interventions
- Present psychosocial issues of concern to caregivers
- Discuss sexuality and pediatrics issues
- Present regulations/procedures relevant to psychosocial care in the Veterans' Hospital system
- Present information on relevant legislation and regulatory issues

Target Audience:

Psychosocial professionals and students new to the field of SCI care including Psychologists, Social Workers, Counselors, Chaplains, and researchers

Time Frame	Core Topics	Speaker
8:00-8:15 AM	Logistics, pre-test	
8:15-9:15 AM Session 1	Medical aspects of SCI	Trevor Dyson-Hudson, MD
9:15-10:15 AM Session 2	Assessment/evaluation	Tom Kerkhoff, PhD
10:15-10:30 AM	Break	
10:30-11:30AM Session 3	The adjustment process	Dan Rohe, PhD
11:30-12:30 PM Session 4	Evidence-based interventions	Chuck Bombardier, PhD
12:30-1:30 PM Box lunch * Select one lunchtime session	1) Resources and legislation 2) VAH regulations pertaining to SCI care	Alan Goldberg, PhD, JD Kathy Chadband
1:30-2:30 PM Session 5	Caregiving: Panel Discussion	Robin Kohn, MSW
2:30-2:45 PM	Break	
2:45-3:15 PM Session 6	Pediatrics	Sara Klaas, MSW
3:15-3:45 PM Session 7	Sexuality	Stan DuCharme, PhD

Speaker Biographies:

Trevor A. Dyson-Hudson, MD is a Clinical Research Scientist with the Kessler Foundation Research Center (West Orange, NJ) and an Assistant Professor in the Department of Physical Medicine and Rehabilitation (PM&R) at the University of Medicine and Dentistry of New Jersey – New Jersey Medical School (UMDNJ-NJMS). Dr. Dyson-Hudson received his medical degree from the Albert Einstein College of Medicine in 1995. In 1992, while he was a third-year medical student, Dr. Dyson-Hudson sustained a spinal cord injury (SCI; C6/C7 tetraplegia, complete) while playing rugby football. Following a year of rehabilitation, he returned to medical school in 1993 and graduated in 1995. He completed a one-year transitional internship at the Albert Einstein College of Medicine in 1996 and completed a Rehabilitation Research Fellowship with the Department of PM&R at UMDNJ-NJMS and Kessler in 2000. Dr. Dyson-Hudson conducts clinical SCI research and is principal investigator/co-investigator on a number of SCI grants. His research interests include restoration of function and mobility in persons with SCI and the prevention and treatment of common secondary medical complications, including pain, cardiovascular disease, respiratory complications, and upper limb overuse injuries.

Thomas R. Kerkhoff, PhD, ABPP(RP) is a Clinical Psychologist employed as a clinical professor in the Department of Clinical and Health Psychology, University of Florida. Dr. Kerkhoff has worked in comprehensive inpatient rehabilitation settings for 32 years, both in academic institutions and not-for-profit rehabilitation centers. His experience base covers varied clinical populations, including SCI, TBI, CVA, orthopaedic injuries, burn injuries and chronic pain. Dr. Kerkhoff has served as a CARF surveyor for 9 years, and has more recently been a Florida Dept. of Health program surveyor for the Florida Brain and Spinal Cord Injury Program. He teaches courses and publishes in the area of applied ethics, as well as Rehabilitation Psychology. Dr. Kerkhoff's current clinical focus is on individuals with spinal cord injury.

Daniel Rohe, PhD is a consultant on the staff of the Mayo Clinic with a joint appointment in the Departments of Psychiatry and Psychology and Physical Medicine and Rehabilitation. He is an associate professor of psychology in the Mayo Medical School. He received his doctorate in Counseling Psychology from the University of Minnesota in 1980. He received his Diplomate in rehabilitation psychology from the American Board of Rehabilitation Psychology and is a Fellow of the American Psychological Association (APA). He is a representative to the Council of Representatives of the American Psychological Association from the Division of Rehabilitation. He is the president of the American Board of Rehabilitation Psychology. Dr. Rohe's research has focused on the personality and vocational interest patterns of persons with traumatic spinal cord injury. He has also published in the areas of sexuality, chemical health and adjustment to disability. He chairs a course in sexual medicine in the Mayo Medical School and holds several positions in the Mayo Clinic College of Medicine. In 2003, he was selected Teacher of the Year by the graduate students in psychology.

Charles (Chuck) Bombardier, PhD is a Clinical Psychologist and tenured Professor in the Department of Rehabilitation Medicine at the University of Washington School of

Medicine. Dr Bombardier earned his PhD from Washington State University in 1987. He completed an internship and post-doctoral fellowship in medical psychology at Duke University Medical Center. He has been on the faculty at U of W since 1989 working clinically on the inpatient rehabilitation unit at Harborview Medical Center. He is currently involved in studies of treatments for major depression in people with SCI, TBI and multiple sclerosis.

Dr. Alan L. Goldberg, is an Arizona & California licensed psychologist, board certified rehabilitation psychologist, American Psychological Association Fellow, and member of the State Bar of Arizona. He is Chair of the Arizona Psychological Association's Health Psychology and Disability Issues Committee. With expertise in social justice, advocacy, psychology, and law, Dr. Goldberg has made contributions in the fields of both psychology and law. He maintains a private practice concentrating on forensic psychology issues, and he adjudicates Social Security disability cases in the Tucson area.

During leisure time, he enjoys travel, hiking, films, friends, and spending time with the 21 year old parrot he has raised from birth. To keep nimble on the adversarial side of things, he plays competitive SCRABBLE and is a prize winning tournament bowler.

Kathy Chadband works in the VAH Central Office, Patient Care Services, SCI and D Services. She has worked in the VHA Healthcare Administration since 1972. She assumed administrative management responsibilities of the 38 bed SCI Center at the VA Puget Sound Health Care System in Seattle for 8 years before taking on Central Office duties. Her responsibilities range from developing national training initiatives, to providing information re VAH policies and services, and helping to assure optimal compliance with VAH regulations and policies across the SCI Center network.

Robin Kohn, MSW, LCSW is the BSW Program Coordinator and Clinical Instructor in the School of Social Work at the University of Central Florida where she teaches many of the practice courses and electives related to health, loss, and disability. Prior to arriving at UCF she was employed for the local rehabilitation centers working with individuals who sustained catastrophic injuries, specifically SCI. Her interest areas are many including women's issues, strengths perspective, end-of-life care, bereavement and grief, disability, addiction and health/mental health but her specialty area is health and disabilities. Educationally, Ms. Kohn received her MSW from Florida State University and is a Licensed Clinical Social Worker in the State of Florida.

Ms. Kohn continues her work within the community by coordinating the Greater Orlando Spinal Cord Injury Network and the Peer Program and is a consultant with the United Spinal Association and the Center for Comprehensive Services specializing in transitional living facilities for acquired brain and spinal cord injuries. She co-authored the Train the Trainers Manual and the Peer Mentor Manual for the SCI Peer Mentor Program. She is active with Association of SCI Psychologists and Social Workers serving on the Board and as a member of the Program Planning Committee for the annual conference, and the National Association of Social Workers (NASW) locally and on the State level. She serves as Chair of the Committee on Disabilities and Persons with Disabilities for NASW in Florida and for the Association of Baccalaureate Program Directors nationally.

Sara J Klaas, MSW, C-ASWCM is currently the Director of the Spinal Cord Injury Service at Shriners Hospital for Children in Chicago. Sara has been at Shriners Hospital for the last 20 years in a variety of capacities. She has served as the inpatient social worker for the infant/toddler and school-age units, the adolescent unit social worker, the Assistant Director of Family Services, and most recently as the Director of Care Coordination. In addition to these roles, Sara has been the Spinal Cord Injury (SCI) team leader for more than 15 years. She received a bachelor's degree in psychology and social work from Mundelein College and her master's degree in social work from the University of Illinois at Chicago, Jane Addams College of Social Work. Other experiences have included Illinois Masonic Medical Center; Center for Women's Health, working in the elementary school setting in Oak Park, Illinois, and supervising therapy groups at Horizons Community Services. Sara has been on the adjunct faculty at the University of Illinois at Chicago and teaches Human Behavior and the Social Environment as well as Practice I. She is a frequent guest lecturer and is published in the field of pediatric spinal cord injury. Sara co-founded a sports & conditioning camp and a scuba adventure travel program for adolescents with SCI as well as GLAHM Camp; a self-esteem and body-image camp for adolescent girls with SCI and WCBB; a body-building camp for adolescent boys with SCI. Sara is an active member of ASIA, AASCIPSW, and the Spinal Cord Injury Association of Illinois. She currently serves on the Illinois Governor's Council for Brain and Spinal Cord Injury and is also Vice President on the Board of Directors for AASCIPSW. Sara was the 2007 recipient of that organization's national Clinical Performance Award. Sara is also a certified school social worker, an educational surrogate, and a licensed Illinois foster parent.

Stanley Ducharme, PhD received his degree in Clinical Psychology from United States International University in San Diego. Following graduate school, he completed a Post Doctoral Fellowship in Rehabilitation Psychology at the Rusk Institute of Rehabilitation Medicine, New York University Medical Center. Since that time, he has been on the faculty of Boston University. Currently, Dr. Ducharme is a Professor of Rehabilitation Medicine and Assistant Professor of Urology at Boston University School of Medicine. In addition, he is a diplomate in sex therapy and a member of the medical staff at Boston Medical Center. Dr. Ducharme serves as the Chair of the SCI Consortium Interdisciplinary Panel responsible for the development of clinical practice guidelines in the areas of sexuality and reproductive health for people with spinal cord injury.